

690 Women's Fitness

AMENITIES

- Membership NOT required to attend our facility.
- No Contracts
- 30-day cancellation is required.
- No Initiation or Termination Fees
- 30+ Group Fitness Classes Weekly
- Free Personal Training Consultation
- Free Consultation with a Registered Dietitian
- Massage Chair
- Himalayan Foot Domes
- Cardio-Strengthening Equipment
- Free Weights
- Spacious Dressing Rooms for Changing
- Showers
- Long Life Meals Discount
- Community Partners Discounts
- Free High-speed WiFi Access