

690 Women's Fitness

INSURANCE-WELLNESS PROGRAMS

INSURANCE/WELLNESS PROGRAMS – 690

participates-accepts in a number of popular wellness programs-insurance. These insurance-programs offer free or deeply discounted memberships.

Participating programs include:

- Silver & Fit
- Silver Sneakers
- Tivity
- Peer Fit
- United Health Care

Please contact us or fill out the form so we can verify if your program or insurance participates.

Call us 336-602-2142